

**Ebbtides 26th Annual Masters Swim Meet - 2/12/2006****Nanaimo December 2006****Results****Event 1 Women 120-159 200 SC Meter Freestyle Relay**

1 UBC	A	2:03.69
1) Ford, Katharine 27	2) Lovelace, Mary 30	
3) Knight, Lindsey 25	4) Kalas, Pam 30	
30.40	1:02.16	1:32.93 2:03.69

**Event 1 Women 160-199 200 SC Meter Freestyle Relay**

1 VIC	B	2:04.00
1) Bauer, Kristin 30	2) Rhodes, Avila 50	
3) Sanbrooks, Shailie 24	4) Shand, Leigh 32	
30.56	1:01.64	1:31.80 2:04.00
2 VIC	A	2:23.34
1) Cape, Alex 27	2) Davis, Shannon 31	
3) Yearwood, Lynn 39	4) Kendal, Misty 27	
34.82	1:08.56	1:41.21 2:23.34
3 NEBB	A	2:27.64
1) Kurytink, Lisa 32	2) Younk, Karina 46	
3) Cooper, Kristeen 24	4) Jones, Catrin 27	
32.57	1:57.71	2:27.70 2:27.64
4 NAVY	A	2:36.95
1) Bryan, Valerie 42	2) Fleet, Kristy 29	
3) Sammut, Lorraine 30	4) Nichol, Hayley 26	
1:20.50	2:01.27	2:36.95

**Event 1 Women 200-239 200 SC Meter Freestyle Relay**

1 NEBB	B	2:53.25
1) Kirkham, Keri 47	2) James, Michelle 38	
3) Proctor, Karen 50	4) Ryan, Nancy 58	
42.89	1:30.99	2:18.23 2:53.25

**Event 1 Women 240-279 200 SC Meter Freestyle Relay**

1 COWI	A	2:51.60
1) Farrell, Lis 70	2) Thornewell, Deborah 55	
3) Ferguson, Rachelle 24	4) Brown, Cathy 57	
48.79	1:36.97	2:07.56 2:51.60

**Event 1 Men 120-159 200 SC Meter Freestyle Relay**

1 NEBB	A	1:46.80
1) Melton, Joe 27	2) Kruk, Dennis 30	
3) Henderson, Matt 27	4) Hunter, Jason 26	
26.32	53.75	1:20.59 1:46.80

**Event 1 Men 160-199 200 SC Meter Freestyle Relay**

1 UBC	A	1:43.55
1) Ferguson, David 33	2) Cosper, Scott 37	
3) Hooper, James 35	4) Wilkins, Paul 25	
25.68	52.18	1:19.19 1:43.55
2 NAVY	A	2:05.77
1) Menant, Sylvain 38	2) Rosini, Giovanni 28	
3) Clay, Ryan 26	4) Arsenaault, Paul 50	
37.68	1:09.15	1:36.93 2:05.77
3 UBC	B	2:05.94
1) Robinson, Dale 32	2) Tse, Maric 27	
3) Szasz, Ivan 70	4) Feinberg, Avi 27	
29.99	1:01.25	1:37.02 2:05.94

**Event 1 Men 200-239 200 SC Meter Freestyle Relay**

1 EBSC	A	2:14.21
1) Sinclair, Andy 4	2) Pottle, Nigel 56	
3) McDougall-Goulet, John 41	4) Head, Gregory 45	
29.22	1:10.75	1:41.41 2:14.21

**Event 1 Men 240-279 200 SC Meter Freestyle Relay**

1 NEBB	A	2:06.12
1) Goater, Tim 47	2) Burvill, Ian 60	
3) Ricketts, Steve 51	4) Brunt, Kim 50	
30.96	1:02.78	1:35.09 2:06.12
2 COWI	A	2:07.31
1) Vandendungen, Adrien 52	2) Carruthers, Laird 55	
3) Johnson, Dan 38	4) Vandendungen, Dan 27	
37.24	1:13.32	1:42.48 2:07.31

**Event 1 Men 280-319 200 SC Meter Freestyle Relay**

1 VCSS	A	2:27.82
1) Ellis, Rod 57	2) Portelance, James 74	
3) Fletcher, Max 60	4) Politano, Leon 63	
32.65	1:15.12	1:50.91 2:27.82

**Event 2 Women 18-24 400 SC Meter Freestyle**

1 Sanbrooks, Shailie	24 VIC	5:27.90
34.44	1:13.32	1:54.11 2:36.76
3:20.05	4:03.26	4:46.34 5:27.90

**Event 2 Women 25-29 400 SC Meter Freestyle**

1 Jones, Catrin	27 NEBB	5:08.30
34.23	1:11.72	1:50.23 2:29.67
3:08.98	3:49.18	4:29.11 5:08.30
2 Ford, Katharine	27 UBC	5:29.78
36.39	1:17.10	1:59.12 2:41.60
3:24.25	4:07.16	4:49.58 5:29.78

**Event 2 Women 30-34 400 SC Meter Freestyle**

1 Kalas, Pam	30 UBC	4:52.90
34.77	1:11.58	1:48.79 2:26.47
3:03.00	3:39.96	4:16.82 4:52.90
2 Halton, Jane	30 UBC	5:41.54
38.82	1:21.21	2:04.68 2:48.04
3:31.67	4:15.67	4:59.23 5:41.54

**Event 2 Women 40-44 400 SC Meter Freestyle**

1 Lowensteyn, Tirza	44 VIC	6:12.82
41.00	1:26.45	2:14.06 3:02.15
3:50.59	4:39.14	5:26.77 6:12.82

**Event 2 Women 45-49 400 SC Meter Freestyle**

1 Owen, Linda	49 VIC	5:42.40
38.67	1:20.69	2:04.72 2:48.31
3:32.42	4:15.81	4:58.92 5:42.40
2 Sperling, Claudia	46 VIC	6:38.00
43.88	1:32.46	2:22.95 3:14.62
4:06.92	4:58.45	5:49.47 6:38.00

**Event 2 Women 50-54 400 SC Meter Freestyle**

1 McBride, Wendy	51 VIC	6:31.57
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## Ebbtides 26th Annual Masters Swim Meet - 2/12/2006

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## Results

**(Event 2 Women 50-54 400 SC Meter Freestyle)**

2	Goodwin, Dawn	53	VCSS	8:38.16
	57.66	2:02.68	3:10.52	4:16.82
	5:22.93	6:28.98	7:34.79	8:38.16

**Event 2 Men 17 & Under 400 SC Meter Freestyle**

1	Sinclair, Andy	4	EBSC	5:29.50
	36.30	1:15.44	1:56.76	2:38.59
	3:21.24	4:04.54	4:47.82	5:29.50

**Event 2 Men 45-49 400 SC Meter Freestyle**

1	Horton, Hobe	49	AB	4:56.33
	33.78	1:10.62	1:48.42	2:27.00
	3:05.23	3:42.51	4:19.72	4:56.33
2	Skelton, Ian	45	VIC	5:46.11
	38.48	1:20.73	2:04.54	2:48.46
	3:32.78	4:17.12	5:02.74	5:46.11
3	Goodwin, Garth	47	VIC	6:18.90
	44.13	1:27.61	3:04.20	
	3:53.63	4:44.76	5:33.17	6:18.90

**Event 2 Men 50-54 400 SC Meter Freestyle**

1	McManus, John	52	NAVY	5:14.08
	34.33	1:11.92	1:52.06	2:32.28
	3:13.03	3:53.73	4:34.79	5:14.08
2	Forester, Harvey	50	VIC	7:27.80
	45.47	1:38.81	2:34.51	3:32.94
	4:31.48	5:29.08	6:30.03	7:27.80

**Event 2 Men 65-69 400 SC Meter Freestyle**

1	MacDonald, Ken	68	VIC	7:29.78
	46.95	1:42.90	2:41.57	
	4:39.29	6:38.90	7:29.78	

**Event 2 Men 70-74 400 SC Meter Freestyle**

1	Hall, Grant	71	VCSS	6:32.87
	44.82	1:32.47	2:22.67	3:14.10
	4:05.20	4:56.01	5:46.30	6:32.87
2	Portelance, James	74	VCSS	7:12.34
	48.67	1:42.17	2:37.48	3:32.68
	4:27.64	5:22.91	6:19.02	7:12.34

**Event 2 Men 75-79 400 SC Meter Freestyle**

1	Baker, Steve	78	VCSS	9:15.18
	54.28	1:58.35	3:07.99	4:20.18
	5:36.38	6:51.56	8:06.22	9:15.18

**Event 3 Women 25-29 50 SC Meter Backstroke**

1	Bourke, Heather	27	EBSC	37.60
2	Nichol, Hayley	26	NAVY	41.81
3	Kendal, Misty	27	VIC	51.58

**Event 3 Women 30-34 50 SC Meter Backstroke**

1	Sammut, Lorraine	30	NAVY	51.75
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**Event 3 Women 35-39 50 SC Meter Backstroke**

1	Yearwood, Lynn	39	VIC	38.27
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**Event 3 Women 50-54 50 SC Meter Backstroke**

1	Rhodes, Avila	50	VIC	38.76
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2	Proctor, Karen	50	NEBB	47.76
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**Event 3 Women 55-59 50 SC Meter Backstroke**

1	Smith, Elizabeth	58	WIN	41.48
2	Ryan, Nancy	58	NEBB	44.79
3	Wiens, Barb	59	NVM	49.55
4	Brown, Cathy	57	COWI	52.03

**Event 3 Women 60-64 50 SC Meter Backstroke**

1	Henderson, Carloyn	61	VCSS	58.89
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**Event 3 Women 70-74 50 SC Meter Backstroke**

1	Stamhuis, Conny	74	OMSC	51.24
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**Event 3 Men 35-39 50 SC Meter Backstroke**

1	Kelly, Joe	37	HYAC	38.33
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**Event 3 Men 50-54 50 SC Meter Backstroke**

1	Arsenault, Paul	50	NAVY	34.83
2	Brunt, Kim	50	NEBB	37.23

**Event 3 Men 60-64 50 SC Meter Backstroke**

1	Warren, Brough	64	VCSS	54.88
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**Event 3 Men 75-79 50 SC Meter Backstroke**

1	Fisher, Tony	75	COWI	58.58
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**Event 4 Women 18-24 100 SC Meter Breaststroke**

1	Ferguson, Rachelle	24	COWI	1:27.29
	41.46	1:27.29		
2	Cooper, Kristeen	24	NEBB	1:59.55
	55.83	1:59.55		

**Event 4 Women 30-34 100 SC Meter Breaststroke**

1	Bauer, Kristin	30	VIC	1:22.01
	38.64	1:22.01		
2	Shand, Leigh	32	VIC	1:28.49
	41.18	1:28.49		
3	Lovelace, Mary	30	UBC	1:30.15
	44.10	1:30.15		
4	Kurytink, Lisa	32	NEBB	1:32.06
	44.28	1:32.06		
5	Mariano, Ellen	31	NAVY	1:34.72
	44.77	1:34.72		

**Event 4 Women 35-39 100 SC Meter Breaststroke**

1	James, Michelle	38	NEBB	1:50.39
	51.52	1:50.39		

**Event 4 Women 40-44 100 SC Meter Breaststroke**

1	Bryan, Valerie	42	NAVY	1:57.81
	54.92	1:57.81		

**Event 4 Women 50-54 100 SC Meter Breaststroke**

1	Brault, Danielle	50	VIC	1:31.57
	43.75	1:31.57		

**Event 4 Women 65-69 100 SC Meter Breaststroke**

1	Warren, Sue	65	VCSS	1:58.67
	55.74	1:58.67		

## Ebbtides 26th Annual Masters Swim Meet - 2/12/2006

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**Event 4 Women 70-74 100 SC Meter Breaststroke**

1	Farrell, Lis	70	COWI	2:07.83
	58.89	2:07.83		
2	Odendahl, Dolorus	70	VCSS	2:29.30

**Event 4 Men 25-29 100 SC Meter Breaststroke**

1	Hunter, Jason	26	NEBB	1:10.25
	33.02	1:10.25		
2	Melton, Joe	27	NEBB	1:10.69
	33.73	1:10.69		
3	Tse, Maric	27	UBC	1:20.83
	39.11	1:20.83		

**Event 4 Men 35-39 100 SC Meter Breaststroke**

1	Hooper, James	35	UBC	1:12.74
	33.60	1:12.74		
2	Cosper, Scott	37	UBC	1:15.81
	35.17	1:15.81		
3	Demouth, Allen	37	CRGW	1:27.88
	41.94	1:27.88		
4	Johnson, Dan	38	COWI	1:28.04
	43.32	1:28.04		
5	Menant, Sylvain	38	NAVY	1:36.41
	46.55	1:36.41		

**Event 4 Men 45-49 100 SC Meter Breaststroke**

1	Barnum, David	45	UNA	1:26.06
	40.96	1:26.06		
2	Kendal, Keith	45	VIC	1:26.30
	41.08	1:26.30		
3	Head, Gregory	45	EBSC	1:31.04
	42.64	1:31.04		
4	Busfield, Scott	47	UNA	1:32.00
	44.83	1:32.00		
5	Skelton, Ian	45	VIC	1:34.19
	45.47	1:34.19		

**Event 4 Men 50-54 100 SC Meter Breaststroke**

1	Beaudin, Gilles	52	EBSC	1:20.36
	37.93	1:20.36		
2	Ricketts, Steve	51	NEBB	1:30.12
	42.79	1:30.12		
3	Vandendungen, Adrien	52	COWI	1:44.60
	48.91	1:44.60		
4	Forester, Harvey	50	VIC	2:03.51
	1:00.01	2:03.51		

**Event 4 Men 55-59 100 SC Meter Breaststroke**

1	Pottle, Nigel	56	EBSC	1:46.22
	50.79	1:46.22		

**Event 4 Men 70-74 100 SC Meter Breaststroke**

1	Bell, Peter	71	NVM	1:27.06
	40.73	1:27.06		
2	Scantland, James	72	NEBB	1:53.28
	52.61	1:53.28		

**Event 4 Men 85-89 100 SC Meter Breaststroke**

1	Schulhof, Fred	87	NVM	2:09.85
	1:02.33	2:09.85		

**Event 5 Women 25-29 25 SC Meter Butterfly**

1	Ford, Katharine	27	UBC	16.13
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**Event 5 Women 45-49 25 SC Meter Butterfly**

1	Younk, Karina	46	NEBB	21.05
2	Kirkham, Keri	47	NEBB	24.43

**Event 5 Women 55-59 25 SC Meter Butterfly**

1	Brown, Cathy	57	COWI	23.66
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**Event 5 Men 30-34 25 SC Meter Butterfly**

1	Tarangle, Dean	33	UNA	15.70
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**Event 5 Men 40-44 25 SC Meter Butterfly**

1	McDougall-Goulet, John	41	EBSC	15.68
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**Event 5 Men 55-59 25 SC Meter Butterfly**

1	Ellis, Rod	57	VCSS	17.58
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**Event 6 Women 25-29 200 SC Meter Backstroke**

1	Fleet, Kristy	29	NAVY	3:25.91
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**Event 6 Women 30-34 200 SC Meter Backstroke**

1	Naess, Victoria	30	EBSC	2:30.65
	35.44	1:12.95	1:51.80	2:30.65
2	Kalas, Pam	30	UBC	2:59.10
	43.81	1:29.78	2:14.78	2:59.10

**Event 6 Women 50-54 200 SC Meter Backstroke**

1	Rhodes, Avila	50	VIC	3:01.83
	42.01	1:27.49	2:14.90	3:01.83
2	Goodwin, Dawn	53	VCSS	4:59.29
	1:09.46	2:26.79	3:45.57	4:59.29

**Event 6 Women 55-59 200 SC Meter Backstroke**

1	Smith, Elizabeth	58	WIN	3:15.26
	44.14	1:33.16	2:24.71	3:15.26

**Event 6 Men 25-29 200 SC Meter Backstroke**

1	Henderson, Matt	27	NEBB	2:23.56
	33.79	1:09.87	1:46.69	2:23.56

**Event 6 Men 30-34 200 SC Meter Backstroke**

1	Ferguson, David	33	UBC	2:27.92
	33.93	1:10.39	1:48.74	2:27.92
2	Robinson, Dale	32	UBC	2:37.33
	37.40	1:17.40	1:57.75	2:37.33

**Event 6 Men 45-49 200 SC Meter Backstroke**

1	Kendal, Keith	45	VIC	3:00.58
	1:28.29	2:14.80	3:00.58	

**Event 6 Men 50-54 200 SC Meter Backstroke**

1	Stamhuis, Mike	53	OMSC	2:40.03
	38.09	1:18.52	2:00.02	2:40.03

**Event 6 Men 70-74 200 SC Meter Backstroke**

1	Portelance, James	74	VCSS	4:13.46
	1:02.80	2:04.38	3:07.57	4:13.46

## Ebbtides 26th Annual Masters Swim Meet - 2/12/2006

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## Results

**Event 7 Women 18-24 50 SC Meter Butterfly**

1	Ferguson, Rachelle	24 COWI	33.39
2	Cooper, Kristeen	24 NEBB	50.70

**Event 7 Women 25-29 50 SC Meter Butterfly**

1	Jones, Catrin	27 NEBB	33.53
2	Cape, Alex	27 VIC	40.30

**Event 7 Women 30-34 50 SC Meter Butterfly**

1	Lovelace, Mary	30 UBC	35.26
2	Kalas, Pam	30 UBC	35.95
3	Davis, Shannon	31 VIC	36.67
4	Halton, Jane	30 UBC	37.90

**Event 7 Women 45-49 50 SC Meter Butterfly**

1	Owen, Linda	49 VIC	36.61
2	Morley, Helen	48 AB	43.99
3	Russo, Monique	46 KMSC	52.86

**Event 7 Women 50-54 50 SC Meter Butterfly**

1	Brault, Danielle	50 VIC	37.41
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**Event 7 Men 25-29 50 SC Meter Butterfly**

1	Vandendungen, Dan	27 COWI	26.45
2	Wilkins, Paul	25 UBC	26.60
3	Hunter, Jason	26 NEBB	29.07
4	Clay, Ryan	26 NAVY	31.35
5	Feinberg, Avi	27 UBC	32.76

**Event 7 Men 30-34 50 SC Meter Butterfly**

1	Kruk, Dennis	30 NEBB	28.77
2	Tarangle, Dean	33 UNA	35.89

**Event 7 Men 35-39 50 SC Meter Butterfly**

1	MacNeil, Brett	35 NAVY	29.07
2	Johnson, Dan	38 COWI	35.02

**Event 7 Men 45-49 50 SC Meter Butterfly**

1	Barnum, David	45 UNA	31.78
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**Event 7 Men 50-54 50 SC Meter Butterfly**

1	Ricketts, Steve	51 NEBB	37.09
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**Event 7 Men 55-59 50 SC Meter Butterfly**

1	Staton, Brian	59 CRGW	33.27
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**Event 7 Men 60-64 50 SC Meter Butterfly**

1	Burvill, Ian	60 NEBB	35.09
2	Politano, Leon	63 VCSS	40.68

**Event 8 Women 30-34 25 SC Meter Breaststroke**

1	Shand, Leigh	32 VIC	19.20
2	Lovelace, Mary	30 UBC	20.49
3	Hill, Shelley	32 UBC	25.09

**Event 8 Women 55-59 25 SC Meter Breaststroke**

1	Thornewell, Deborah	55 COWI	25.64
2	Hazel, Kathryn	59 NEBB	27.03

**Event 8 Women 65-69 25 SC Meter Breaststroke**

1	Warren, Sue	65 VCSS	24.60
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**Event 8 Women 70-74 25 SC Meter Breaststroke**

1	Odendahl, Dolorus	70 VCSS	29.42
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**Event 8 Men 55-59 25 SC Meter Breaststroke**

1	Carruthers, Laird	55 COWI	28.27
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**Event 8 Men 60-64 25 SC Meter Breaststroke**

1	Warren, Brough	64 VCSS	23.45
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**Event 8 Men 70-74 25 SC Meter Breaststroke**

1	Scantland, James	72 NEBB	22.33
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**Event 8 Men 85-89 25 SC Meter Breaststroke**

1	Schulhof, Fred	87 NVM	24.84
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**Event 9 Women 18-24 200 SC Meter IM**

1	Ferguson, Rachelle	24 COWI	2:51.31
		36.03	1:20.94
		2:10.28	2:51.31

**Event 9 Women 25-29 200 SC Meter IM**

1	Fleet, Kristy	29 NAVY	3:30.85
		1:39.31	2:40.82
			3:30.85

**Event 9 Women 40-44 200 SC Meter IM**

1	Lintell, Eva	43 KMSC	4:08.73
		1:01.11	2:04.38
		3:08.06	4:08.73

**Event 9 Men 17 & Under 200 SC Meter IM**

1	Sinclair, Andy	4 EBSC	2:48.36
		35.48	1:19.55
		2:08.66	2:48.36

**Event 9 Men 25-29 200 SC Meter IM**

1	Melton, Joe	27 NEBB	2:19.23
		30.72	1:07.26
		1:46.40	2:19.23
2	Vandendungen, Dan	27 COWI	2:22.47
		29.79	1:05.39
		1:48.58	2:22.47
3	Ponech, Damien	28 UNA	2:54.83
		35.97	1:21.36
		2:15.35	2:54.83

**Event 9 Men 30-34 200 SC Meter IM**

1	Robinson, Dale	32 UBC	2:36.54
		33.62	1:14.48
		1:59.58	2:36.54

**Event 9 Men 35-39 200 SC Meter IM**

1	Demouth, Allen	37 CRGW	2:54.31
		39.47	1:27.74
		2:16.51	2:54.31

**Event 9 Men 50-54 200 SC Meter IM**

1	Arsenault, Paul	50 NAVY	2:42.43
		35.60	1:16.82
		2:05.16	2:42.43
2	Beaudin, Gilles	52 EBSC	2:47.74
		37.22	1:24.05
		2:09.08	2:47.74

**Event 9 Men 70-74 200 SC Meter IM**

1	Portelance, James	74 VCSS	4:16.05
		2:08.59	4:16.05

**Event 10 Women 120-159 200 SC Meter Medley Relay**

1	VIC	A	2:35.00
	1) Davis, Shannon	31	2) Cape, Alex
	3) Bauer, Kristin	30	4) Sperling, Claudia
	40.82	1:25.98	1:58.76
			2:35.00

## Ebbtides 26th Annual Masters Swim Meet - 2/12/2006

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## Results

**(Event 10 Women 120-159 200 SC Meter Medley Relay)**

2 NAVY	A	2:53.53
1) Nichol, Hayley 26	2) Mariano, Ellen 31	
3) Fleet, Kristy 29	4) Sammut, Lorraine 30	
43.17	1:25.12	2:10.61 2:53.53

**Event 10 Women 160-199 200 SC Meter Medley Relay**

1 VIC	B	2:34.22
1) Sanbrooks, Shailie 24	2) McBride, Wendy 51	
3) Shand, Leigh 32	4) Rhodes, Avila 50	
40.49	1:21.02	1:56.99 2:34.22
2 VIC	A	2:41.49
1) Yearwood, Lynn 39	2) Lowensteyn, Tirza 44	
3) Owen, Linda 49	4) Kendal, Misty 27	
38.44	1:22.62	1:57.90 2:41.49

**Event 10 Women 200-239 200 SC Meter Medley Relay**

1 NEBB	B	2:54.21
1) Proctor, Karen 50	2) James, Michelle 38	
3) Jones, Catrin 27	4) Kirkham, Keri 47	
47.89	1:38.43	2:12.04 2:54.21
2 NEBB	A	3:04.28
1) Ryan, Nancy 58	2) Hazel, Kathryn 59	
3) Younk, Karina 46	4) Kurytink, Lisa 32	
43.02	1:45.47	3:04.28

**Event 10 Women 240-279 200 SC Meter Medley Relay**

1 COWI	A	3:17.11
1) Farrell, Lis 70	2) Thornewell, Deborah 55	
3) Ferguson, Rachelle 24	4) Brown, Cathy 57	
		2:31.91 3:17.11

**Event 10 Men 120-159 200 SC Meter Medley Relay**

1 NEBB	A	1:59.97
1) Henderson, Matt 27	2) Hunter, Jason 26	
3) Melton, Joe 27	4) Kruk, Dennis 30	
30.84	1:03.21	1:32.58 1:59.97

**Event 10 Men 160-199 200 SC Meter Medley Relay**

1 UBC	A	2:02.00
1) Wilkins, Paul 25	2) Hooper, James 35	
3) Cosper, Scott 37	4) Feinberg, Avi 27	
29.59	1:03.61	1:33.08 2:02.00

**Event 10 Men 200-239 200 SC Meter Medley Relay**

1 NAVY	A	2:11.68
1) Arsenault, Paul 50	2) MacNeil, Brett 35	
3) Clay, Ryan 26	4) McManus, John 52	
36.69	1:09.65	1:40.71 2:11.68
2 EBSC	A	2:34.92
1) Beaudin, Gilles 52	2) Pottle, Nigel 56	
3) McDougall-Goulet, John 41	4) Head, Gregory 45	
39.65	1:26.65	2:01.80 2:34.92

**Event 10 Men 240-279 200 SC Meter Medley Relay**

1 NEBB	A	2:46.25
1) Goater, Tim 47	2) Scantland, James 72	
3) Brunt, Kim 50	4) Taylor, Don 46	
36.88	1:25.83	1:50.63 2:46.25
2 VIC	A	2:51.44
1) MacDonald, Ken 68	2) Skelton, Ian 45	
3) Kendal, Keith 45	4) Forester, Harvey 50	
		1:33.81 2:07.56 2:51.44
3 COWI	A	2:52.27
1) Carruthers, Laird 55	2) Vandendungen, Adrien 52	
3) Vandendungen, Dan 27	4) Fisher, Tony 75	
52.14	1:40.20	2:52.27

**Event 11 Women 18-24 100 SC Meter Freestyle**

1 Ferguson, Rachelle	24 COWI	1:09.79
33.59	1:09.79	

**Event 11 Women 25-29 100 SC Meter Freestyle**

1 Ford, Katharine	27 UBC	1:07.37
32.88	1:07.37	
2 Knight, Lindsey	25 UBC	1:07.71
33.11	1:07.71	
3 Nichol, Hayley	26 NAVY	1:17.13
36.81	1:17.13	
4 Cape, Alex	27 VIC	1:18.04
37.26	1:18.04	

**Event 11 Women 30-34 100 SC Meter Freestyle**

1 Naess, Victoria	30 EBSC	1:00.50
29.07	1:00.50	
2 Mariano, Ellen	31 NAVY	1:24.50
39.87	1:24.50	
3 Sammut, Lorraine	30 NAVY	1:39.67
47.74	1:39.67	

**Event 11 Women 40-44 100 SC Meter Freestyle**

1 Bryan, Valerie	42 NAVY	1:44.75
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**Event 11 Women 45-49 100 SC Meter Freestyle**

1 Sperling, Claudia	46 VIC	1:22.59
39.07	1:22.59	
2 Younk, Karina	46 NEBB	1:30.68
43.66	1:30.68	
3 Russo, Monique	46 KMSC	1:36.90
43.85	1:36.90	

**Event 11 Women 50-54 100 SC Meter Freestyle**

1 McBride, Wendy	51 VIC	1:25.71
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**Event 11 Women 55-59 100 SC Meter Freestyle**

1 Ryan, Nancy	58 NEBB	1:29.21
42.08	1:29.21	
2 Wiens, Barb	59 NVM	1:33.02
43.13	1:33.02	

**Event 11 Women 70-74 100 SC Meter Freestyle**

1 Farrell, Lis	70 COWI	1:48.49
52.01	1:48.49	

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**Event 11 Men 25-29 100 SC Meter Freestyle**

1	Wilkins, Paul	25	UBC	54.29
	27.44		54.29	
2	Vandendungen, Dan	27	COWI	55.11
	27.31		55.11	
3	Henderson, Matt	27	NEBB	57.41
	27.52		57.41	
4	Clay, Ryan	26	NAVY	1:00.28
	29.07		1:00.28	
5	Feinberg, Avi	27	UBC	1:04.77
	30.51		1:04.77	
6	Rosini, Giovanni	28	NAVY	1:16.77
	34.93		1:16.77	

**Event 11 Men 30-34 100 SC Meter Freestyle**

1	Ferguson, David	33	UBC	56.79
	27.68		56.79	
2	Kruk, Dennis	30	NEBB	1:00.54
	29.02		1:00.54	
3	Tarangle, Dean	33	UNA	1:12.07
	34.74		1:12.07	
4	Azmudeh, Andrew	32	UNA	1:21.32
	38.10		1:21.32	

**Event 11 Men 35-39 100 SC Meter Freestyle**

1	Cosper, Scott	37	UBC	58.93
	28.14		58.93	
2	Menant, Sylvain	38	NAVY	1:23.95
	39.57		1:23.95	

**Event 11 Men 40-44 100 SC Meter Freestyle**

1	McDougall-Goulet, John	41	EBSC	1:12.35
	33.76		1:12.35	

**Event 11 Men 45-49 100 SC Meter Freestyle**

1	Horton, Hobe	49	AB	1:03.66
	30.17		1:03.66	
2	Barnum, David	45	UNA	1:03.99
	30.89		1:03.99	
3	Busfield, Scott	47	UNA	1:04.67
	31.62		1:04.67	
4	Goater, Tim	47	NEBB	1:11.18
	34.03		1:11.18	
5	Skelton, Ian	45	VIC	1:13.90
	35.90		1:13.90	
6	Goodwin, Garth	47	VIC	1:19.61
	38.52		1:19.61	
7	Taylor, Don	46	NEBB	1:36.40
	46.20		1:36.40	

**Event 11 Men 50-54 100 SC Meter Freestyle**

1	Stamhuis, Mike	53	OMSC	59.92
	29.08		59.92	
2	McManus, John	52	NAVY	1:08.06
	31.87		1:08.06	
3	Vandendungen, Adrien	52	COWI	1:25.54
	40.99		1:25.54	

4	Forester, Harvey	50	VIC	1:42.28
	46.89		1:42.28	

**Event 11 Men 55-59 100 SC Meter Freestyle**

1	Staton, Brian	59	CRGW	1:05.01
2	Pottle, Nigel	56	EBSC	1:39.44
	46.48		1:39.44	

**Event 11 Men 60-64 100 SC Meter Freestyle**

1	Fletcher, Max	60	VCSS	1:20.11
	38.39		1:20.11	
2	Politano, Leon	63	VCSS	1:27.27
	40.46		1:27.27	

**Event 11 Men 65-69 100 SC Meter Freestyle**

1	MacDonald, Ken	68	VIC	1:27.15
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**Event 11 Men 75-79 100 SC Meter Freestyle**

1	Baker, Steve	78	VCSS	1:49.80
	49.00		1:49.80	

**Event 11 Men 80-84 100 SC Meter Freestyle**

1	Lofts, Peter	83	VCSS	1:51.47
	54.78		1:51.47	

**Event 12 Women 60-64 25 SC Meter Backstroke**

1	Henderson, Carloyn	61	VCSS	26.02
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**Event 12 Women 65-69 25 SC Meter Backstroke**

1	Warren, Sue	65	VCSS	25.96
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**Event 12 Men 45-49 25 SC Meter Backstroke**

1	Head, Gregory	45	EBSC	19.38
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**Event 12 Men 60-64 25 SC Meter Backstroke**

1	Warren, Brough	64	VCSS	24.26
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**Event 13 Women 18-24 200 SC Meter Butterfly**

1	Sanbrooks, Shailie	24	VIC	3:00.14	
	36.39		1:19.84	2:07.33	3:00.14

**Event 13 Women 25-29 200 SC Meter Butterfly**

1	Bourke, Heather	27	EBSC	2:55.44	
	38.50		1:24.20	2:12.15	2:55.44

**Event 13 Women 50-54 200 SC Meter Butterfly**

1	Rhodes, Avila	50	VIC	3:12.77	
	39.71		1:29.51	2:22.10	3:12.77

**Event 13 Men 70-74 200 SC Meter Butterfly**

1	Hall, Grant	71	VCSS	4:09.00	
	55.78		2:00.07	3:04.26	4:09.00
2	Szasz, Ivan	70	UBC	4:24.66	
	53.33		1:58.22	3:08.83	4:24.66

**Event 14 Women 18-24 200 SC Meter Breaststroke**

1	Cooper, Kristeen	24	NEBB	4:19.69	
	56.34		2:01.53	3:09.95	4:19.69

**Event 14 Women 25-29 200 SC Meter Breaststroke**

1	Nichol, Hayley	26	NAVY	3:20.17	
	46.37		1:36.28	2:27.15	3:20.17

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**Event 14 Women 30-34 200 SC Meter Breaststroke**

1	Halton, Jane	30	UBC	3:14.04
	46.24	1:34.93	2:24.94	3:14.04
2	Kalas, Pam	30	UBC	3:15.13
	47.63	1:36.97	2:26.41	3:15.13
3	Davis, Shannon	31	VIC	3:24.36
	48.16	1:41.35	2:33.50	3:24.36

**Event 14 Women 35-39 200 SC Meter Breaststroke**

1	James, Michelle	38	NEBB	4:03.43
	53.65	1:54.53	2:59.02	4:03.43

**Event 14 Women 70-74 200 SC Meter Breaststroke**

1	Odendahl, Dolorus	70	VCSS	5:26.52
	1:12.44		4:04.17	5:26.52

**Event 14 Men 25-29 200 SC Meter Breaststroke**

1	Vandendungen, Dan	27	COWI	2:52.76
	39.05	1:23.75	2:08.77	2:52.76
2	Tse, Maric	27	UBC	2:57.50
	42.36	1:26.55	2:13.05	2:57.50

**Event 14 Men 30-34 200 SC Meter Breaststroke**

1	Robinson, Dale	32	UBC	2:58.93
	41.14	1:27.69	2:13.50	2:58.93

**Event 14 Men 35-39 200 SC Meter Breaststroke**

1	Hooper, James	35	UBC	2:47.74
	38.44	1:22.22	2:06.18	2:47.74
2	Menant, Sylvain	38	NAVY	3:31.38
	48.93	1:42.03	2:36.28	3:31.38

**Event 14 Men 50-54 200 SC Meter Breaststroke**

1	Beaudin, Gilles	52	EBSC	2:55.62
	40.11	1:24.49	2:09.61	2:55.62

**Event 15 Women 25-29 50 SC Meter Freestyle**

1	Knight, Lindsey	25	UBC	31.38
2	Kendal, Misty	27	VIC	44.60

**Event 15 Women 30-34 50 SC Meter Freestyle**

1	Kurytink, Lisa	32	NEBB	32.96
2	Hill, Shelley	32	UBC	43.77
3	Sammur, Lorraine	30	NAVY	46.57

**Event 15 Women 35-39 50 SC Meter Freestyle**

1	Yearwood, Lynn	39	VIC	33.39
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**Event 15 Women 40-44 50 SC Meter Freestyle**

1	Lowensteyn, Tirza	44	VIC	36.19
2	Linttell, Eva	43	KMSC	42.90
3	Bryan, Valerie	42	NAVY	49.09

**Event 15 Women 45-49 50 SC Meter Freestyle**

1	Morley, Helen	48	AB	39.46
2	Younk, Karina	46	NEBB	40.28
3	Russo, Monique	46	KMSC	40.69
4	Kirkham, Keri	47	NEBB	41.95

**Event 15 Women 50-54 50 SC Meter Freestyle**

1	McBride, Wendy	51	VIC	38.26
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2	Brault, Danielle	50	VIC	40.83
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**Event 15 Women 55-59 50 SC Meter Freestyle**

1	Wiens, Barb	59	NVM	42.21
2	Thornewell, Deborah	55	COWI	47.88

**Event 15 Women 60-64 50 SC Meter Freestyle**

1	Henderson, Carloyn	61	VCSS	49.11
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**Event 15 Women 70-74 50 SC Meter Freestyle**

1	Stamhuis, Conny	74	OMSC	49.28
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**Event 15 Men 25-29 50 SC Meter Freestyle**

1	Wilkins, Paul	25	UBC	24.38
2	Clay, Ryan	26	NAVY	27.51
3	Feinberg, Avi	27	UBC	30.00
4	Rosini, Giovanni	28	NAVY	32.94

**Event 15 Men 30-34 50 SC Meter Freestyle**

1	Kruk, Dennis	30	NEBB	27.52
2	Azmudeh, Andrew	32	UNA	36.49

**Event 15 Men 35-39 50 SC Meter Freestyle**

1	MacNeil, Brett	35	NAVY	25.69
2	Kelly, Joe	37	HYAC	28.07
3	Johnson, Dan	38	COWI	29.23
4	Demouth, Allen	37	CRGW	31.03

**Event 15 Men 40-44 50 SC Meter Freestyle**

1	McDougall-Goulet, John	41	EBSC	32.36
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**Event 15 Men 45-49 50 SC Meter Freestyle**

1	Horton, Hobe	49	AB	28.35
2	Head, Gregory	45	EBSC	33.43
3	Taylor, Don	46	NEBB	44.71

**Event 15 Men 50-54 50 SC Meter Freestyle**

1	Brunt, Kim	50	NEBB	30.59
2	Vandendungen, Adrien	52	COWI	37.16
3	Forester, Harvey	50	VIC	44.22

**Event 15 Men 55-59 50 SC Meter Freestyle**

1	Staton, Brian	59	CRGW	29.22
2	Ellis, Rod	57	VCSS	32.54
3	Carruthers, Laird	55	COWI	37.17
4	Pottle, Nigel	56	EBSC	42.84

**Event 15 Men 60-64 50 SC Meter Freestyle**

1	Burvill, Ian	60	NEBB	31.70
2	Fletcher, Max	60	VCSS	35.16
3	Politano, Leon	63	VCSS	37.12

**Event 15 Men 70-74 50 SC Meter Freestyle**

1	Bell, Peter	71	NVM	35.13
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**Event 15 Men 75-79 50 SC Meter Freestyle**

1	Fisher, Tony	75	COWI	41.67
2	Baker, Steve	78	VCSS	48.46

**Event 15 Men 80-84 50 SC Meter Freestyle**

1	Lofts, Peter	83	VCSS	47.83
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**Event 16 Mixed 120-159 200 SC Meter Medley Relay**

1 NEBB	A	2:14.22
1) Henderson, Matt 27	2) Melton, Joe 27	
3) Jones, Catrin 27	4) Kurytink, Lisa 32	
31.04	1:14.04	1:47.24 2:14.22

**Event 16 Mixed 160-199 200 SC Meter Medley Relay**

1 EBSC	A	2:24.89
1) Beaudin, Gilles 52	2) Naess, Victoria 30	
3) Sinclair, Andy 4	4) Bourke, Heather 27	
39.39	1:18.81	1:53.36 2:24.89
2 UBC	A	2:29.77
1) Ferguson, David 33	2) Kalas, Pam 30	
3) Szasz, Ivan 70	4) Ford, Katharine 27	
31.39	1:14.29	1:59.41 2:29.77

**Event 16 Mixed 200-239 200 SC Meter Medley Relay**

1 NAVY	A	2:40.68
1) McManus, John 52	2) Mariano, Ellen 31	
3) Arsenault, Paul 50	4) Bryan, Valerie 42	
39.08	1:23.26	1:55.99 2:40.68

**Event 16 Mixed 240-279 200 SC Meter Medley Relay**

1 NEBB	B	2:39.82
1) Ryan, Nancy 58	2) Ricketts, Steve 51	
3) Burvill, Ian 60	4) Younk, Karina 46	
43.48	1:23.04	1:59.41 2:39.82
2 NEBB	A	3:10.94
1) Brunt, Kim 50	2) Scantland, James 72	
3) Cooper, Kristeen 24	4) Hazel, Kathryn 59	
39.44	1:29.31	2:22.23 3:10.94

**Event 16 Mixed 320-359 200 SC Meter Medley Relay**

1 VCSS	A	4:16.35
1) Lofts, Peter 83	2) Odendahl, Dolorus 70	
3) Goodwin, Dawn 53	4) Baker, Steve 78	
1:03.66	1:46.67	3:38.84 4:16.35

**Event 17 Women 18-24 100 SC Meter Butterfly**

1 Sanbrooks, Shailie	24 VIC	1:18.36
35.83	1:18.36	

**Event 17 Women 25-29 100 SC Meter Butterfly**

1 Jones, Catrin	27 NEBB	1:14.34
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**Event 17 Women 30-34 100 SC Meter Butterfly**

1 Bauer, Kristin	30 VIC	1:13.13
33.84	1:13.13	

**Event 17 Women 45-49 100 SC Meter Butterfly**

1 Owen, Linda	49 VIC	1:24.71
40.59	1:24.71	

**Event 17 Men 17 & Under 100 SC Meter Butterfly**

1 Sinclair, Andy	4 EBSC	1:18.23
35.98	1:18.23	

**Event 17 Men 25-29 100 SC Meter Butterfly**

1 Henderson, Matt	27 NEBB	1:04.61
30.74	1:04.61	

2 Ponech, Damien	28 UNA	1:26.85
39.17	1:26.85	

**Event 17 Men 30-34 100 SC Meter Butterfly**

1 Ferguson, David	33 UBC	1:04.87
30.22	1:04.87	

**Event 17 Men 70-74 100 SC Meter Butterfly**

1 Hall, Grant	71 VCSS	1:45.19
50.66	1:45.19	

**Event 18 Women 18-24 200 SC Meter Freestyle**

1 Cooper, Kristeen	24 NEBB	3:33.51
47.87	1:42.57	2:38.15 3:33.51

**Event 18 Women 25-29 200 SC Meter Freestyle**

1 Jones, Catrin	27 NEBB	2:27.20
33.32	1:10.75	1:49.33 2:27.20
2 Knight, Lindsey	25 UBC	2:31.01
35.74	1:13.73	1:52.09 2:31.01
3 Cape, Alex	27 VIC	2:49.28
38.38	1:22.23	2:06.11 2:49.28
4 Nichol, Hayley	26 NAVY	2:59.24
39.43	1:23.77	2:10.47 2:59.24

**Event 18 Women 30-34 200 SC Meter Freestyle**

1 Naess, Victoria	30 EBSC	2:13.27
31.25	1:05.00	1:39.47 2:13.27
2 Mariano, Ellen	31 NAVY	3:18.52
45.37	1:34.22	3:18.52

**Event 18 Women 45-49 200 SC Meter Freestyle**

1 Sperling, Claudia	46 VIC	3:11.26
43.29	1:31.47	2:22.69 3:11.26

**Event 18 Women 50-54 200 SC Meter Freestyle**

1 McBride, Wendy	51 VIC	3:12.12
	1:33.05	3:12.12

**Event 18 Men 25-29 200 SC Meter Freestyle**

1 Melton, Joe	27 NEBB	2:08.54
29.73	1:02.29	1:36.00 2:08.54

**Event 18 Men 30-34 200 SC Meter Freestyle**

1 Robinson, Dale	32 UBC	2:22.74
34.10	1:10.95	1:47.82 2:22.74
2 Azmudeh, Andrew	32 UNA	2:59.15
40.69	1:24.45	2:11.97 2:59.15

**Event 18 Men 35-39 200 SC Meter Freestyle**

1 Saleh, Sammy	35 TYEE	4:22.32
54.58	2:00.99	3:12.07 4:22.32

**Event 18 Men 45-49 200 SC Meter Freestyle**

1 Horton, Hobe	49 AB	2:22.03
32.82	1:08.62	1:46.17 2:22.03
2 Kendal, Keith	45 VIC	2:29.40
34.51	1:12.52	1:51.56 2:29.40
3 Skelton, Ian	45 VIC	2:45.44
38.10	1:21.08	2:04.67 2:45.44

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**(Event 18 Men 45-49 200 SC Meter Freestyle)**

4	Goodwin, Garth	47	VIC	2:56.38
		1:27.20	2:14.05	2:56.38

**Event 18 Men 50-54 200 SC Meter Freestyle**

1	Arsenault, Paul	50	NAVY	2:21.73
		32.89	1:09.05	1:46.05
				2:21.73

**Event 18 Men 55-59 200 SC Meter Freestyle**

1	Carruthers, Laird	55	COWI	3:35.82
		46.78	1:39.85	2:38.77
				3:35.82

**Event 18 Men 60-64 200 SC Meter Freestyle**

1	Fletcher, Max	60	VCSS	3:03.22
		1:27.96	2:16.13	3:03.22

**Event 18 Men 70-74 200 SC Meter Freestyle**

1	Hall, Grant	71	VCSS	3:03.75
		43.52	1:31.54	2:19.54
				3:03.75
2	Portelance, James	74	VCSS	3:25.18
		1:39.30	2:32.94	3:25.18

**Event 19 Women 25-29 50 SC Meter Breaststroke**

1	Bourke, Heather	27	EBSC	39.09
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**Event 19 Women 30-34 50 SC Meter Breaststroke**

1	Bauer, Kristin	30	VIC	37.19
2	Shand, Leigh	32	VIC	40.17
3	Lovelace, Mary	30	UBC	42.76
4	Davis, Shannon	31	VIC	43.58
5	Mariano, Ellen	31	NAVY	44.71

**Event 19 Women 35-39 50 SC Meter Breaststroke**

1	James, Michelle	38	NEBB	51.05
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**Event 19 Women 40-44 50 SC Meter Breaststroke**

1	Lowensteyn, Tirza	44	VIC	44.29
2	Linttell, Eva	43	KMSC	48.81
3	Bryan, Valerie	42	NAVY	56.15

**Event 19 Women 45-49 50 SC Meter Breaststroke**

1	Morley, Helen	48	AB	47.91
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**Event 19 Women 50-54 50 SC Meter Breaststroke**

1	Rhodes, Avila	50	VIC	39.11
2	Brault, Danielle	50	VIC	40.74

**Event 19 Women 55-59 50 SC Meter Breaststroke**

1	Thornewell, Deborah	55	COWI	55.21
2	Hazel, Kathryn	59	NEBB	1:02.57

**Event 19 Women 65-69 50 SC Meter Breaststroke**

1	Warren, Sue	65	VCSS	54.02
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**Event 19 Women 70-74 50 SC Meter Breaststroke**

1	Stamhuis, Conny	74	OMSC	53.87
2	Farrell, Lis	70	COWI	57.41
3	Odendahl, Dolorus	70	VCSS	1:06.94

**Event 19 Men 25-29 50 SC Meter Breaststroke**

1	Hunter, Jason	26	NEBB	32.17
2	Tse, Maric	27	UBC	36.13

**Event 19 Men 30-34 50 SC Meter Breaststroke**

1	Azmudeh, Andrew	32	UNA	48.93
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**Event 19 Men 35-39 50 SC Meter Breaststroke**

1	MacNeil, Brett	35	NAVY	32.96
2	Kelly, Joe	37	HYAC	38.14

**Event 19 Men 45-49 50 SC Meter Breaststroke**

1	Head, Gregory	45	EBSC	43.23
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**Event 19 Men 50-54 50 SC Meter Breaststroke**

1	Beaudin, Gilles	52	EBSC	37.49
2	McManus, John	52	NAVY	39.37
3	Ricketts, Steve	51	NEBB	39.81

**Event 19 Men 55-59 50 SC Meter Breaststroke**

1	Ellis, Rod	57	VCSS	44.54
2	Pottle, Nigel	56	EBSC	47.68

**Event 19 Men 60-64 50 SC Meter Breaststroke**

1	Burvill, Ian	60	NEBB	42.24
2	Politano, Leon	63	VCSS	48.29
3	Warren, Brough	64	VCSS	53.42

**Event 19 Men 70-74 50 SC Meter Breaststroke**

1	Bell, Peter	71	NVM	39.32
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**Event 19 Men 85-89 50 SC Meter Breaststroke**

1	Schulhof, Fred	87	NVM	56.55
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**Event 20 Women 25-29 100 SC Meter Backstroke**

1	Fleet, Kristy	29	NAVY	1:35.74
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**Event 20 Women 35-39 100 SC Meter Backstroke**

1	Yearwood, Lynn	39	VIC	1:23.51
		40.30	1:23.51	

**Event 20 Women 50-54 100 SC Meter Backstroke**

1	Goodwin, Dawn	53	VCSS	2:25.50
		1:10.60	2:25.50	

**Event 20 Women 55-59 100 SC Meter Backstroke**

1	Smith, Elizabeth	58	WIN	1:33.34
		45.53	1:33.34	
2	Wiens, Barb	59	NVM	1:51.93

**Event 20 Men 30-34 100 SC Meter Backstroke**

1	Ferguson, David	33	UBC	1:07.85
		33.18	1:07.85	

**Event 20 Men 45-49 100 SC Meter Backstroke**

1	Busfield, Scott	47	UNA	1:15.31
		37.10	1:15.31	
2	Goater, Tim	47	NEBB	1:20.32
		38.36	1:20.32	

**Event 20 Men 50-54 100 SC Meter Backstroke**

1	Brunt, Kim	50	NEBB	1:22.99
		40.62	1:22.99	

**Event 20 Men 70-74 100 SC Meter Backstroke**

1	Scantland, James	72	NEBB	2:02.15
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## Ebbtides 26th Annual Masters Swim Meet - 2/12/2006

Nanaimo December 2006

## Results

**Event 20 Men 85-89 100 SC Meter Backstroke**

1	Schulhof, Fred	87	NVM	2:11.40
	1:02.94	2:11.40		

**Event 21 Women 30-34 25 SC Meter Freestyle**

1	Hill, Shelley	32	UBC	20.48
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**Event 21 Women 55-59 25 SC Meter Freestyle**

1	Hazel, Kathryn	59	NEBB	21.16
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**Event 21 Women 60-64 25 SC Meter Freestyle**

1	Henderson, Carloyn	61	VCSS	22.07
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**Event 21 Women 70-74 25 SC Meter Freestyle**

1	Stamhuis, Conny	74	OMSC	22.48
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**Event 21 Men 25-29 25 SC Meter Freestyle**

1	Clay, Ryan	26	NAVY	13.41
2	Rosini, Giovanni	28	NAVY	15.43

**Event 21 Men 30-34 25 SC Meter Freestyle**

1	Tarangle, Dean	33	UNA	14.81
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**Event 21 Men 45-49 25 SC Meter Freestyle**

1	Goodwin, Garth	47	VIC	16.81
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**Event 21 Men 55-59 25 SC Meter Freestyle**

1	Ellis, Rod	57	VCSS	14.71
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**Event 21 Men 75-79 25 SC Meter Freestyle**

1	Fisher, Tony	75	COWI	17.77
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**Event 21 Men 80-84 25 SC Meter Freestyle**

1	Lofts, Peter	83	VCSS	20.59
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**Event 22 Women 18-24 100 SC Meter IM**

1	Sanbrooks, Shailie	24	VIC	1:17.29
	36.26	1:17.29		

**Event 22 Women 25-29 100 SC Meter IM**

1	Cape, Alex	27	VIC	1:30.69
	45.05	1:30.69		
2	Fleet, Kristy	29	NAVY	1:36.49
	44.89	1:36.49		

**Event 22 Women 30-34 100 SC Meter IM**

1	Shand, Leigh	32	VIC	1:22.34
	39.21	1:22.34		
2	Davis, Shannon	31	VIC	1:25.11
	39.51	1:25.11		
3	Kurytink, Lisa	32	NEBB	1:25.47
	41.17	1:25.47		

**Event 22 Women 35-39 100 SC Meter IM**

1	Yearwood, Lynn	39	VIC	1:25.44
	39.77	1:25.44		

**Event 22 Women 40-44 100 SC Meter IM**

1	Linttall, Eva	43	KMSC	1:50.60
	51.20	1:50.60		

**Event 22 Women 45-49 100 SC Meter IM**

1	Younk, Karina	46	NEBB	1:48.91
	52.67	1:48.91		
2	Russo, Monique	46	KMSC	2:02.07
	58.31	2:02.07		

**Event 22 Women 50-54 100 SC Meter IM**

1	Proctor, Karen	50	NEBB	1:53.44
	52.81	1:53.44		
2	Goodwin, Dawn	53	VCSS	2:19.24

**Event 22 Women 55-59 100 SC Meter IM**

1	Smith, Elizabeth	58	WIN	1:31.23
	42.27	1:31.23		
2	Ryan, Nancy	58	NEBB	1:45.00
	48.71	1:45.00		
3	Brown, Cathy	57	COWI	1:53.54
	53.56	1:53.54		

**Event 22 Women 70-74 100 SC Meter IM**

1	Farrell, Lis	70	COWI	2:04.31
	1:00.44	2:04.31		

**Event 22 Men 25-29 100 SC Meter IM**

1	Melton, Joe	27	NEBB	1:04.36
	30.59	1:04.36		
2	Henderson, Matt	27	NEBB	1:04.83
	29.12	1:04.83		
3	Hunter, Jason	26	NEBB	1:06.38
	32.85	1:06.38		

**Event 22 Men 30-34 100 SC Meter IM**

1	Kruk, Dennis	30	NEBB	1:09.95
	33.35	1:09.95		

**Event 22 Men 35-39 100 SC Meter IM**

1	MacNeil, Brett	35	NAVY	1:07.07
	31.48	1:07.07		
2	Cosper, Scott	37	UBC	1:08.64
	32.00	1:08.64		
3	Hooper, James	35	UBC	1:08.91
	33.61	1:08.91		
4	Demouth, Allen	37	CRGW	1:19.50
	38.55	1:19.50		
5	Johnson, Dan	38	COWI	1:19.68
	37.78	1:19.68		

**Event 22 Men 50-54 100 SC Meter IM**

1	Stamhuis, Mike	53	OMSC	1:11.65
	33.95	1:11.65		
2	Arsenault, Paul	50	NAVY	1:14.02
	34.62	1:14.02		
3	McManus, John	52	NAVY	1:20.01
	37.97	1:20.01		
4	Ricketts, Steve	51	NEBB	1:24.81
	41.34	1:24.81		
5	Vandendungen, Adrien	52	COWI	1:42.39
	48.55	1:42.39		

**Ebbtides 26th Annual Masters Swim Meet - 2/12/2006****Nanaimo December 2006****Results****Event 22 Men 55-59 100 SC Meter IM**

1	Staton, Brian	59	CRGW	1:19.99
	39.45	1:19.99		

**Event 22 Men 60-64 100 SC Meter IM**

1	Fletcher, Max	60	VCSS	1:51.57
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**Event 22 Men 70-74 100 SC Meter IM**

1	Bell, Peter	71	NVM	1:32.41
	46.31	1:32.41		
2	Szasz, Ivan	70	UBC	1:47.72
	49.37	1:47.72		
3	Scantland, James	72	NEBB	1:48.63
	54.49	1:48.63		

**Event 23 Mixed 120-159 200 SC Meter Freestyle Relay**

1	NEBB	A	2:02.63
	1) Melton, Joe 27	2) Kurytink, Lisa 32	
	3) Jones, Catrin 27	4) Hunter, Jason 26	
	27.68	1:03.03	1:34.13 2:02.63
2	NAVY	A	2:07.65
	1) MacNeil, Brett 35	2) Clay, Ryan 26	
	3) Fleet, Kristy 29	4) Nichol, Hayley 26	
	28.25	55.69	1:32.18 2:07.65
3	NEBB	B	2:29.05
	1) Henderson, Matt 27	2) Kirkham, Keri 47	
	3) James, Michelle 38	4) Kruk, Dennis 30	
	28.61	1:10.74	2:00.84 2:29.05

**Event 23 Mixed 160-199 200 SC Meter Freestyle Relay**

1	VIC	A	2:30.02
	1) Goodwin, Garth 47	2) Yearwood, Lynn 39	
	3) Forester, Harvey 50	4) Sperling, Claudia 46	
	35.77	1:10.22	1:54.32 2:30.02
2	NAVY	A	2:39.34
	1) Bryan, Valerie 42	2) Menant, Sylvain 38	
	3) Sammut, Lorraine 30	4) Rosini, Giovanni 28	
	1:22.40	2:08.54	2:39.34

**Event 23 Mixed 200-239 200 SC Meter Freestyle Relay**

1	VIC	A	2:15.70
	1) Rhodes, Avila 50	2) MacDonald, Ken 68	
	3) Kendal, Keith 45	4) Brault, Danielle 50	
	35.28	1:12.12	1:43.00 2:15.70
2	NEBB	A	2:26.76
	1) Burvill, Ian 60	2) Cooper, Kristeen 24	
	3) Ryan, Nancy 58	4) Goater, Tim 47	
	32.71	1:18.75	1:55.89 2:26.76

**Event 23 Mixed 240-279 200 SC Meter Freestyle Relay**

1	OMSC	A	2:48.19
	1) Russo, Monique 46	2) Stamhuis, Conny 74	
	3) Linttell, Eva 43	4) Stamhuis, Mike 53	
	1:45.16	2:20.15	2:48.19
2	NEBB	A	3:02.00
	1) Proctor, Karen 50	2) Scantland, James 72	
	3) Taylor, Don 46	4) Hazel, Kathryn 59	
	50.47	2:17.55	3:02.00

**Event 23 Mixed 320-359 200 SC Meter Freestyle Relay**

1	VCSS	A	2:52.00
	1) Baker, Steve 78	2) Portelance, James 74	
	3) Lofts, Peter 83	4) Hall, Grant 71	
	46.75	1:34.64	2:16.87 2:52.00